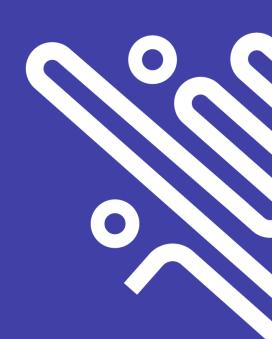


# Expanding what's possible for primary care.

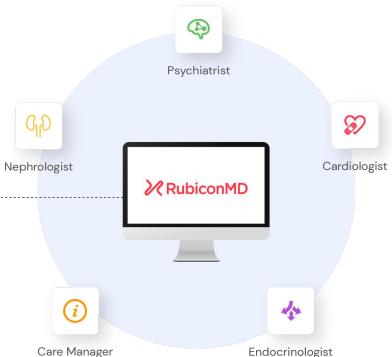
Presenter or Date of Presentation



The leading multi-specialty care platform

Integrate high-quality specialist insights into primary care team for more efficient, high-quality, cost-effective care.







## It's time to evolve primary care to include virtual specialists





**45-70%** of specialty care referrals from primary care are unnecessary.



50% of patients referred to specialty care from primary care don't complete their visit.



~70% of specialty care referrals from primary care are rated low-quality by specialists.



## The most trusted virtual specialty care network





140+

Access insights from 140+ specialties & subspecialties



~70%

of eConsults help prevent unnecessary referrals & services



80%

of eConsults improve the quality of the PCP's care plan



4.93/5 provider rating with



+0008

Active users

HITRUST<sup>®</sup>

### **Our Specialist Team**

- Established in 2013
- 140 specialties and sub-specialties
- Rated 4.93/5 by primary care teams
- Trained and practicing at top institutions
- 17 years of experience on average

Learn more

The largest, most comprehensive virtual specialist panel in the US.

















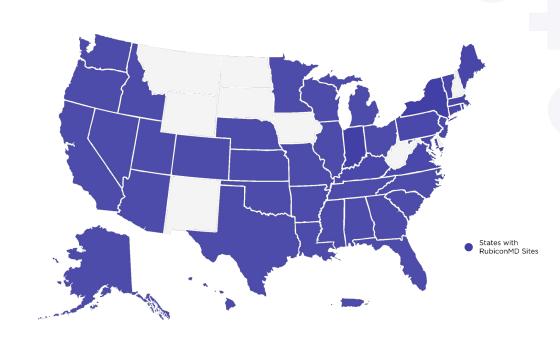




## The RubiconMD Specialist Network

The largest, most comprehensive virtual specialist panel in the US.

> Learn more





### **Our Specialists**

- Leaders in their respective fields
- Trained and practicing at top institutions
- Mission-oriented, passionate about delivering equitable care
- Specifically-trained to deliver virtual insights to primary care clinicians

**17 years** of practice experience on average

**3 years** average tenure with RubiconMD

4.93/5 - rated by PCPs





















## Our solutions integrate specialty care into primary care.

### eConsult+

The market-leading eConsult solution.

Standard

**PreCheck** 

ProConsult+

### **BH**care

Turn-key, customizable, collaborative care solution for behavioral health.

Basic

Core

Plus

Premier



### eConsults are secure, online conversations:

### Ask a question

about diagnosis or the care plan, get a second opinion on your treatment plan.

### Consult for a patient

who may not have access to a specialist due to location, transportation, or financial constraints.

#### **Review medications**

get input on a patient's current medication regimen.

### Gain insight

on an interim care plan while the patient waits to see a specialist.

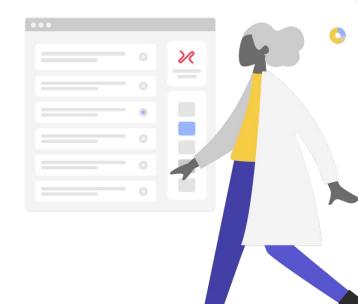
### Improve referral quality

obtain the right information to get your patient to the appropriate specialist.

### Interpret a lab

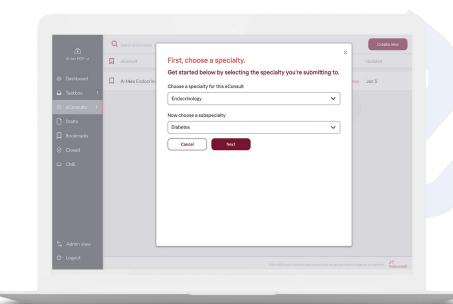
or diagnostic result.





### Submitting an eConsult

- 1 Patient presentation
  Clinician requests
  specialist input on case
- 2 Specialist opinion
  Assigned top specialist provides expert insight within hours
- Clinician follow-up
  Clinician confidently proceeds
  with optimized, evidence-based
  care plan for the patient





### When to use a RubiconMD eConsult

- Would a specialist insight help you to determine next steps?
- Could specialist expertise add clarity, or enhance the care plan?
- Would specialist insights make things safer, easier or more efficient for the patient?



#### Submit a RubiconMD eConsult

- Abnormalities, labs radiology
- Medication management for chronic conditions
- Lab workup suggestions, pre-referral workup prep
- Suspected diagnosis and next steps
- Diagnosis, treatment expectations
- Conservative, lower-cost treatment options
- Resources for the clinician and patient

- Do you need an interim care plan prior to specialist visit?
- Is there a long wait time to see the specialist?
- Could input on how to prepare the patient for the specialist visit be beneficial for this case?



#### Submit a RubiconMD eConsult

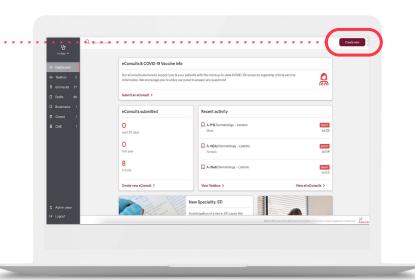
- Advice on an interim care plan
- Expert input on necessary workups to prepare the patient for the specialist visit



## eConsult+ Demo

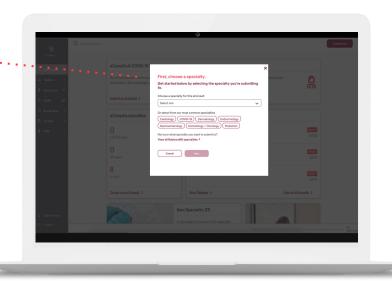
HITRUST

1 Log into the platform
Select "create new"



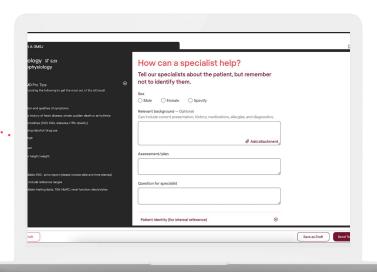


2 Choose a specialty



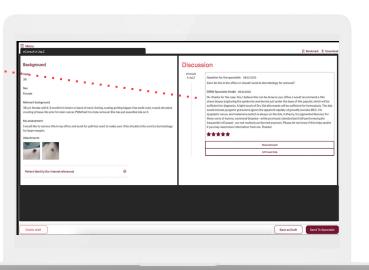


3 Input (non-PHI)
case information
and questions for the specialist





4 Retrieve eConsult from the specialist



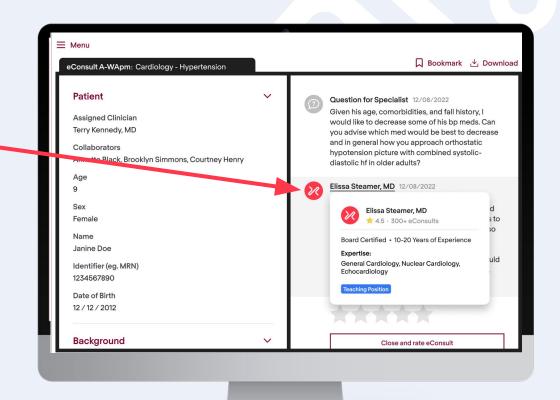


## **Specialist Profiles**

### **Coming in April!**

Within the eConsult platform, you will be able to see a specialist profile within each eConsult interaction will include:

- Name & credentials
- eConsult rating
- eConsults completed
- Board status
- Years in practice
- Eligible specialties
- Academic affiliation



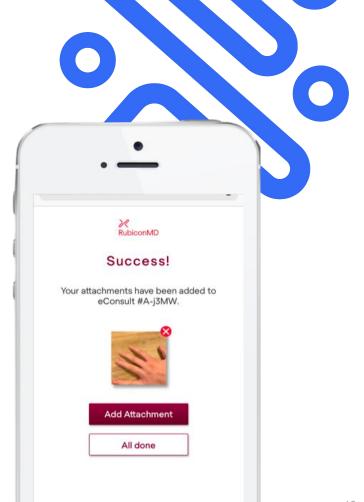


## Upload secure images on a mobile phone

- Start your eConsult

  After filling in the Relevant Background section,
  select 'Add Attachment' and then click on "Add
  - select 'Add Attachment' and then click on "Add from another device." You'll see a PIN for attaching your file from your phone.
- Type in the 4-digit PIN
  Open RubiconMD on your mobile device and enter the PIN displayed on your desktop.
- 3 Attach away!
  Take photos using the a

Take photos using the application. Images will be automatically added to your eConsult and you'll see them on your desktop!



### Upload attachments

#### To submit attachments on a new consult:

- On your draft consult, click "Add Attachment"
- An "Add Attachment" window will allow you to "Select files" or "Drag & drag" your attachment and select "Attach to eConsult"
- Wait for the image to attach; a success message will display

Need screen shot of uploading an attachment!



## Ask any question to get insights tailored to your patients' case.

Allergy and Immunology

07

Hematology / Oncology

Plastic Surgery

**Psychiatry** 

Cardiology

Infectious Diseases

**Orthopedic Surgery** 

Ü

Clinical Pharmacy

Nephrology

Otolaryngology (ENT)

Psychology

Dentistry

Neurology

Pain Medicine

Ophthalmology

Pulmonology

Dermatology

Neurosurgery

Palliative Care

Radiology

Endocrinology

Nutrition

Pathology

Rheumatology

Gastroenterology

Obesity Medicine

Pediatrics and Ped. Sub-Specialties Sleep Medicine

Transgender Health

General Surgery

Obstetrics / Gynecology

Physical Medicine & Rehabilitation

Urology

Geriatric Medicine

Occupational Medicine

Vascular Surgery



We democratize access to specialist expertise so all patients can get quality, timely care.

## Appendix

## We recruit and hire for expertise and quality



#### **Interview and Testing**

Informational interview with Medical Networks.

Specialists respond to a test case, which is peer-reviewed.

### Credentialing

Specialists must be state licensed & board certified.

Verified & monitoring through an NCQA-certified CVO.

### **Onboarding**

Specialists receive a full platform technical onboarding and training.

### **Specialty eConsults**



### Common cases from top specialities

### **Dermatology**

- Rash diagnosis and treatment advice
- Management strategies for acne vulgaris
- Mole evaluation
- Plaque psoriasis treatment options

#### Hem/Onc

- Acute/chronic leukemia workup
- Anemia investigation
- Incidental routine lab abnormalities analysis
- Anticoagulation therapy/prophylaxis recommendations
- Tumor workup and monitoring

### Cardiology

- EKG evaluation
- Resistant hypertension management
- Treatment advice of refractory hyperlipidemia
- Arrhythmia evaluation

### **Neurology**

- New onset seizure evaluation
- Refractory migraine treatment and prophylaxis
- Peripheral neuropathy investigation
- Memory loss evaluation

### **Endocrinology**

- Evaluation of hormonal abnormalities (thyroid, parathyroid, testosterone, etc.)
- Treatment options for patient with uncontrolled diabetes
- Osteoporosis management

#### OB/GYN

- Infertility workup and treatment
- Amenorrhea investigation
- Vaginal bleeding workup and diagnosis
- Management of pregnancy complications

#### Gastroenterology

- Colorectal cancer screening based on risk
- IBD workup and treatment advice
- Investigation of liver enzyme abnormalities
- Evaluation of fatty liver disease

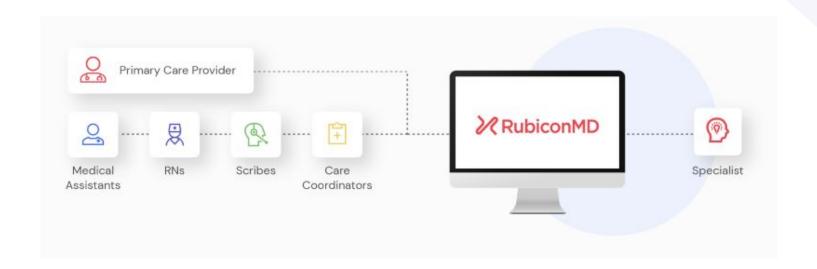
#### **Orthopedics**

- Management options for fractures
- Operative indications for low back pain
- Knee ligament/meniscus tears treatment options
- Treatment advice for hip/knee arthritis



Primary care physicians need 26.7 hours a day to deliver comprehensive patient care.

### eConsult collaboration; feature available



Up to 65% of primary care services can be handled by other specialized medical staff.



### Keys to success

Learnings from a year-long effort to standardize eConsult first

### **Steps**

**Policy:** Clear clinical guideline that help physicians and care team understand the program intent and when to use eConsults

**Communication:** Multi-level communication plan from the executive to care teams to establish buy-in and continued support

Workflow tools: Making it easy to implement the communicated policy

**Accountability:** Set clear goals, track metrics, and hold providers accountable to following the policy



## Your partner for specialty care integration





### Access

to the leading specialty care network



### **Expertise**

and superior security with HITRUST



### **Efficiency**

through solutions tailored to your existing workflows



### **Cost savings**

through proven specialty care models



## Primary care works best for patients

- Patient issues identified earlier and more effectively.
- Likelier to be referred to the appropriate specialist.
- Likelier to follow through with specialists.
- Better care coordination with specialists.
- Better medication adherence.
- Better health outcomes at lower cost of care.
- Better chronic disease management.





# A better patient experience with eConsult+

