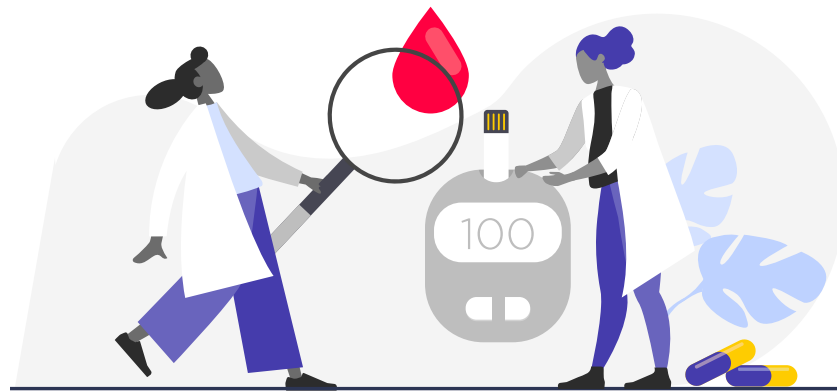


Using eConsults for Diabetes Management

eConsults are an effective way to assess, treat, and manage patients with diabetes.

In a primary care setting, eConsults can be used to gain insights and improve the quality of diabetes care by:

- Improving access to comprehensive care
- Reducing unnecessary costs and gaps in care
- Enhancing the interpretation of diagnostic tests
- Providing routine medical care such as lab tests, physical exams, medications, as well as preventative and ongoing surveillance



See how our Primary Care Partners have used RubiconMD to help manage their diabetic patients:

Cost

49-year-old female with a 10 year history of diabetes. On metformin and insulin with A1C at 14. She is non compliant due to the cost of meds.

Question: What recommendations do you have for an affordable medication regimen to increase her compliance and control?

Complex patients

53-year-old Hispanic male with uncontrolled DMII, hypothyroidism, microalbuminuria, HLD, HTN, thrombocytopenia, obesity, and schizophrenia.

Question: What advice do you have to optimize diabetes management in a patient with multiple comorbidities and mental illness?

Pre-diabetic care

52 year-old male pre-diabetic with A1C that continues to increase from 5.8 to 6.2 over 6 months. Also on testosterone supplementation.

Question: Is there a role for further testing at this stage, and what advice can I give to a patient who does not want to go on diabetes medications.